



# Early Morning Meetings

COFFEE AND HOT TEA INCLUDED IN ALL BREAKFAST BUFFETS

## Continental Breakfast

Chilled Orange Juice  
Fresh Baked Muffins  
Danish  
White & Wheat Breads/ Toaster  
Fresh seasonal fruit  
Jellies and butter  
Coffee, Decaffeinated Coffee & Hot Tea

7.99pp

## Light and Healthy

Chilled Orange Juice  
Assorted Individual Yogurt  
Assorted Cereals w/ Milk  
Assorted fresh bagels  
Seasonal Fruit  
Coffee, Decaffeinated Coffee, Hot Tea  
and Bottled Water  
Cream cheese, jellies and butter

9.99pp

## Executive Breakfast Buffet

Chilled Orange Juice  
Scrambled eggs with peppers, onions, tomatoes  
and cheese.  
Thick Sliced Bacon or Country Sausage Patties  
Assorted Fresh Baked Muffins  
Pancakes  
Home Fries  
Fresh Seasonal Fruit  
Coffee, Decaffeinated Coffee, Hot Tea  
Syrup, Jellies, and Butter  
(Minimum of 10 guests)

11.99pp

## Country Breakfast Buffet

Scrambled Eggs  
Sausage Links  
Bacon  
Country Fried Steak  
French Toast  
Home Fries  
Seasonal Fruit  
Muffins & Cookies  
Assorted Juices and Water  
Coffee, Decaffeinated Coffee, Hot Tea  
(Minimum of 10 Guests)

14.99pp

## Coffee & Donuts

5.99pp

Bottled Water  
& Sodas 2.50 ea

Revised 04-20-08

## Coffee Service

Self serve

Coffee & Tea Station  
2.50pp



# Breaks

## The Sweet Tooth

Selection of Freshly baked cookies  
Chocolate Brownies  
2% and Chocolate Milk  
Coffee and Hot Tea

5.99pp

## The Power Break

Selection of Fresh Fruits  
(apples, oranges, pears etc)  
or Vegetable Tray with Dip

Individual Assorted Snacks  
(Chips, Popcorn, Pretzels, etc.)  
Individual Granola & Fruit Bars  
Bottles of Water and Iced Tea

6.99pp

Planning an on-site  
Conference or Seminar?  
Call Grunners for  
those hungry participants

# Boxed Lunches

Each boxed lunch includes choice of overstuffed deli sandwich,  
Chips and Cookies, Soda or Water.

Choice of:

Roasted Turkey, Swiss, Lettuce & tomato  
Roast Beef, cheddar, lettuce and tomato  
Smoked Ham, Swiss, Lettuce and tomato  
Chicken Salad, Monterey Jack, lettuce and tomato  
Tuna Salad, lettuce and tomato  
Bacon, Lettuce and tomato

8.99pp



# Luncheon Buffets

COFFEE AND HOT TEA INCLUDED IN ALL ON SITE LUNCHEON BUFFETS

## SOUP, SALAD, & SANDWICH BUFFET

Choice of Homemade Soup:  
Italian Wedding, Chicken Noodle  
Beef Vegetable, Broccoli Cheddar  
or Soup of the Day - Chef's Choice

Includes Tossed Salad  
Assorted breads  
Turkey, Ham, Roast Beef  
Swiss, Hot Pepper and American Cheese  
Lettuce, Tomatoes and Condiments

**\$9.99pp**

## SOUP, SALAD & WRAP BUFFET

Choice of Homemade Soup:  
Italian Wedding, Chicken Noodle  
Beef Vegetable, Broccoli Cheddar  
or Soup of the Day - Chefs Choice

Includes Tossed or Fruit Salad  
Assorted Wraps  
Turkey, Ham and Bacon  
With assorted cheeses

**\$9.99pp**

## PREMIER SANDWICH BUFFET

Choice of Homemade Soup:  
Italian Wedding, Chicken Noodle  
New England Clam chowder , Broccoli Cheddar  
or Soup of the Day - Chef's Choice

Assorted Deli Tray (sliced Turkey, Ham, Roast Beef)  
Assorted Cheeses  
Lettuce, Tomato, Onion Slices, Pickles, Olives and condiments  
Choice of Tuna Salad, Ham Salad, or Egg Salad  
Fresh Tossed Salad ( with Assorted Dressings) or Caesar Salad  
Potato or Pasta Salad  
Cookies

**\$12.99pp**

## ITALIAN SUB SANDWICH BOARD

ITALIAN CIABATTA SUB  
WITH PEPPERONI,  
SALAMI, PROVOLONE  
LETTUCE, TOMATO,  
ONIONS, YELLOW HOT PEPPERS  
AND DRESSING.

GARDEN OR PASTA SALAD

POTATO CHIPS

**\$8.99pp**

Add Fruit Salad and Cookies  
\$9.59pp

No more boring lunches...Ask for our To Go Menu,  
You can choose any sandwich or entree and we'll  
deliver it for your next conference or employee meeting.

(Some restrictions apply call today for details)

All Hot lunch buffets are served up until 3pm only  
All include Coffee, Decaffeinated Coffee, Hot Tea or Iced Tea



# Luncheon Buffets

COFFEE AND HOT TEA INCLUDED IN ALL ON SITE LUNCHEON BUFFETS

## HOT SANDWICH BUFFET

Fresh Tossed Salad with assorted Dressings  
and Homemade Soup and Thick Sliced White Bread

Choose One:

Hot Roast Beef w/Gravy  
Italian Hot Sausage  
Hot Turkey w/Gravy  
Beef on Wick

Choose One:

Wild Rice  
Mashed Potatoes  
Garlic Roasted Potatoes  
Buttered Noodles

**\$9.99pp**

## LUNCHEON ENTREE BUFFET

Fresh Tossed Salad with assorted Dressings  
and Homemade Soup and Ice Cream or Sherbet

Choose One:

Sirloin Tips with Mushroom Gravy  
Smothered Chicken Breast  
Broiled Cod  
Stuffed Chicken Breast  
Stir Fry of Chicken, Beef or Shrimp  
Pasta Primavera  
Seafood Alfredo (+1.00pp)

Choose One:

Wild Rice  
Mashed Potatoes  
Garlic Roasted Potatoes  
Buttered Noodles

Choose One:

Broccoli  
Broccoli/Cauliflower/Carrot medley  
Buttered Carrots  
Whole Green Beans  
Whole Kernel Corn

**\$11.99pp**

## *Chef Salad Buffet*

This Is Amazing!

We Bring This Buffet Right To Your Office!  
Your Guests Get To Make Their Own Salad  
...Here's What You'll Get:

Mixed Greens, Romaine, And Iceberg Lettuce  
Choice Of Three Salad Dressings  
Selection Of Breads And Butter

Plus Choose 10 Additional Items From The List Below

Diced Ham  
Turkey Strips  
Sardines  
Slice Radishes  
Real Bacon Bits  
Black Olives  
Cottage Cheese  
Sugar Snap Peas  
Baby Shrimp  
Pepperoni  
Salami  
Hot Peppers

Diced Eggs  
Tortilla Chips  
Green Olives  
Roast Beef  
Garbanzo Beans  
Swiss Cheese  
Cucumber Wheels  
Seasoned Croutons  
Zucchini Spears  
Walnut Pieces  
Fresh Mushrooms

Kidney Beans  
Artichokes  
Alfalfa Sprouts  
Broccoli Pieces  
Bean Sprouts  
Red Onions  
Green Onions  
Grape Tomatoes  
Pineapple Chunks  
Mandarin Oranges  
Dried Cranberries  
Cheddar Cheese

**10.99pp**

Revised 04-20-08

## BARBECUE LUNCH BUFFET

Potato Salad  
Creamy Cole Slaw  
Baked Beans  
Mixed Field Greens with Assorted Dressings

Choose Two:

Hot Dogs  
Mini Burgers  
Kielbasa  
BBQ Chicken Wings

Choice of Apple Pie or Ice Cream

**\$9.99pp**